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Reconnect 4 Health

***Deciphering Reimbursement for Remote Patient Monitoring
NCHICA's 2018 Annual Conference***

***Bonnie Britton** MSN, RN, ATA, Fellow*

CO-FOUNDER & EXECUTIVE DIRECTOR

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➤ Objectives

Understand the key components of RPM

Articulate the key requirements for billing RPM CPT codes:

99091- unbundled 1-1-18

3 new codes FFS proposed for 1-1-19

990X0

990X1

994X9

Discuss strategies to prepare for 1-1-19



➤ Remote Patient Monitoring

Clinical Staff provide the following RPM services:

Bio-metric alert monitoring & validation

POD

Tablet

Wi-Fi

Cellular

Apps

Nursing Intervention

Adherence calls

➤ Bio-metric Alert Monitoring & Validation

Monitor bio-metric data M-F.

Respond to alerts:

With-in 4 hours or next business day

Call patients with alerts.

Validate accuracy of alerts.

If alert is not accurate:

Instruct patient on device technique.

Instruct patient to recheck readings.



➤ **Nursing Interventions**

When alerts are valid, a RN will:

Conduct a nursing assessment.

Utilize “See Feel Change” Methodology to create long-term behavior change.

Provide patient education:

Nutrition

Medications

Activity

Symptom Management

Escalate useful actionable data to the patient’s provider.

Document each encounter.



➤ RPM Adherence Calls

Conduct adherence calls to patients who have not taken readings:

Missed readings Day 1, call patient Day 2.

Missed readings Day 2, call patient Day 3.

If unable to contact, notify customer.

If able to contact patient:

Encourage patient to take their readings.

Instruct on the importance of taking readings.

Provide Tier 1 device troubleshooting as needed.





RPM CPT Code 99091

CPT Code 99091 unbundled in 2018 Physician Fee Schedule

Providers can bill for the collection & interpretation of physiologic data generated by a patient remotely, digitally stored, and transmitted to a provider.

Interim step by CMS to recognize RPM services

Reimbursement: \$60

Restrictions:

Patient must consent

Patient has been seen in the clinic within the last 12 months

Can only bill every 30 days

30 minutes of providers time

Services must be provided by the provider or other qualified health care personnel.





RPM CPT Code 99091

Provider clinic can bill for CPT Code 99091 during the same month as:

Chronic Care Management (CPT Codes 99487, 99489,99490)

Transitional Care Management (CPT Codes 99495, 99496)

Behavioral Health Integration (CPT Codes 99492,99493,99484)





Medicare Overview

Medicare Physician Fee Schedule for 2019, proposed on July 12, 2018.

CMS is recognizing the role that new communications technologies play in increasing patient engagement and reducing unnecessary costs.

Rule articulates for the 1st time a firm distinction between Medicare Telehealth Services and RPM services.



➤ Medicare Telehealth Services vs RPM Services

Medicare Telehealth Services- interaction between a provider and a patient via communications technology.

- Billed as an in-person encounter.

- Must meet geographic restrictions.

- Must meet originating site restrictions.

RPM are services that are defined by and involve the use of communication technology.

- RPM are services that are not provided during an in-patient visit.

- No geographic or originating site restrictions



➤ **Chronic Care Remote Physiologic Monitoring**

Patients collect bio-metric data remotely & data is transmitted for review.

Patient bio-metric data includes:

Weight

Blood Pressure

Heart Rate

Pulse Oximetry

Medicare patients with 2 or more chronic conditions.



➤ RPM CPT Code 990X0

Remote monitoring of physiologic parameters: Initial set up

Patient education

Reimbursement for the practice expense associated with furnishing RPM thus no physician work is required to bill

Reimburses: \$21 per set up

Issues:

In-home installation is the industry standard of care

Recommend Patient Competency Validation in the home

Even if the devices are shipped, \$21 will barely cover cost of shipping



➤ RPM CPT Code 990X1

Remote monitoring of physiologic parameters: Initial Device supply with daily readings or programmed alerts transmission, each 30 days.

Reimbursed for the practice expense associated with furnishing RPM thus no physician work is required to bill.

Reimbursement \$69 PPM



RPM CPT Code 994X9

Remote physiologic monitoring treatment management services

Alternative to billing 99091 for professional services associated with RPM.

20 minutes or more of clinical staff/physician/other qualified healthcare professional time in a calendar month requiring interactive communication with the patient/caregiver during the month.

Reimbursement: **\$54 PPM**



➤ CPT Code Comparison

CPT Code 99091	CPT Code 994X9
30 minutes of time per 30-day period.	20 minutes of time in a calendar month.
Performed by physician or other qualified healthcare professional.	Performed by clinical staff, physician, or other qualified healthcare professional.
Reimbursement: @ \$60	Reimbursement: @ \$54



RPM Reimbursement

Month 1

Set up	\$21
Devices	\$69
Services	\$54
Total	\$144 PPPM

Month 2 & after

Devices	\$69
Services	\$54
Total	\$123 PPPM





Time to Prepare

Understand the billing and supervision rules fundamental for a compliant RPM service model.

Develop a RPM business-to-business model.

Develop conceptual model.

Develop clinical workflows.

Develop billing workflows.



➤ Home Health Value-Based Purchasing Model

Legislation in 2000 stated that RPM can be used if the services did not substitute for an in-person home health service.

CMS has determined that RPM merely augments care, rather than substitutes for an in-person visit.

2019: Home Health Agencies can include the cost of RPM in their administrative costs via Medicare Cost Reports



Questions



➤ Contact Information

○ Bonnie Britton, MSN, RN, ATA Fellow

bbritton@reconnect4health.com

252-287-6666

www.reconnect4health.com

